The Boy who would not give up Sweets

Instructive Stories from teachings of His Divine Grace A. C. Bhaktivedanta Swami Prabhupada

Founder Acharya of International Society for Krishna Consciousness
A woman brought her child to see a saintly person.
Doctor has told me that my child is diabetic and must stop eating sugar and sweets, but in spite of what I tell him, he won't stop. Since you are a saintly person, I am sure that if you tell him to stop eating sugar and sweets he will listen and his life can be saved.
I can’t tell that to the child today. Bring him tomorrow.
Disappointed and confused, the mother took the child away.
She returned the next day. The saintly person looked sternly at the young boy... Stop eating sweets!
The boy was so startled that from that day he never again ate sweets and sugar again.

Stop eating sweets!
When the curious mother inquired from the sadhu

Swamiji, why you didn’t tell this to my child yesterday?
Because till yesterday when you came to me, I was also eating sugar.
MORAL:
Example is better than precept. A leader cannot tell the public to stop smoking if he himself smokes. He should practice himself first, and then he becomes acharya.

-Srila Prabhupada